

**YOUR SURGERY IS
SCHEDULED FOR:**

_____, 20____

Arrival Time: _____

Surgery Time: _____



**Arriving at
NWR
Surgery
Center**

When you arrive at the surgery center, enter through the front door of the 4-story brick building. The surgery center is at the back of the lobby.

Please check in at the front desk. You will be brought to the pre-op area where your nurse will prepare you for surgery.

Dr. Ma and the anesthesiologist will meet you there and answer any questions you may have.



DEBORA MA, M.D.
Blue Aspen Plastic Surgery
2668 North Park Drive #110
Lafayette, Colorado 80026
Phone: 303-666-6336

Traveling from Boulder/Longmont:

Take US-36 to Church Ranch Blvd/104th Ave exit (Westminster). Turn right onto Church Ranch Rd. Turn left at the second light onto 103rd. (There is a First Tier Bank on the corner). At the next corner, turn right onto North Church Ranch Way. We are in the 4-story brick building on your left.

Traveling from Denver:

Take US-36 to Church Ranch Blvd/104th Ave exit (Westminster). Turn left onto overpass which is Church Ranch Rd. Turn left at the second light onto 103rd. (There is a First Tier Bank on the corner). At the next corner, turn right onto North Church Ranch Way. We are in the 4-story brick building on your left.



10170 Church Ranch Way
Suite 110
Westminster, Colorado 80021

Phone: 303-328-3400
Fax: 303-328-3401

website: <http://www.nwrasc.com>



NORTHWEST

AMBULATORY SURGERY CENTER

**PATIENT
INFORMATION**

Preparing for Your Surgery

Please follow these instructions:

- **DO NOT** eat or drink anything after midnight on the day before your surgery.
- Please leave valuables such as jewelry at home. Remove all piercings.
- Remove contacts, wear your glasses.
- Discontinue all anticoagulant medications (Aspirin, Coumadin, Heparin and Plavix) per your physician's orders.
- If applicable, ask your physician how to adjust your diabetes and/or blood pressure medication prior to surgery.
- **YOU MUST HAVE SOMEONE DRIVE YOU HOME** and assume responsibility for you for at least 12 hours following surgery. Taxi cabs can be used only if you have someone in addition to the driver accompany you.

The NWR staff will call you 1-2 days before your surgery to obtain your medical history and to confirm the scheduled date and time of your surgery.

On the Day of Your Surgery

- Do not eat or drink anything on the morning of surgery.
- Take only essential medication with a small sip of water on the morning of surgery.
- Shower or bathe on the morning of your surgery. Wear loose-fitting clothing.
- No lotions, make-up or perfumes.
- Please be sure to arrive at the surgery center 1 hour before your surgery time. **Please be on time.**

Bring to the Surgery Center

- The envelope you were given at your pre-op appointment.
- Driver's license, photo ID, insurance card and co-pay (if applicable).
- If you are having a cosmetic procedure, please be prepared to pay your facility fee payment with a credit card.
- Bring eyeglasses, hearing aid and denture cases.

After Your Surgery

After surgery, you will wake up in the recovery room where the nurses will ensure that you are comfortable.

Once you have fully recovered, your nurse will have your family member come to the recovery room. Your nurse will review the discharge instructions with you and your family member. She will then escort you to your vehicle.

Insurance and Billing

Self pay patients will be required to pay for services at registration. Mastercard, Visa, American Express and Discover are accepted.

Patients with verified insurance will be required to pay their co-pay on the day of surgery. As a courtesy, NWR will bill your insurance on your behalf.

In the event that any of the above requirements cannot be met, we will attempt to make other financial arrangements. These arrangements must be made prior to admission and must be approved by the Business Office Manager.